

Everett School Employee Benefit Trust

Trustees

Gregg Elder - Susan Lindsey - Jeff Moore - Kelly Shepherd
Adam Goldstein, Chair Larry Fleckenstein, Secretary

3900 Broadway Avenue ♦ Everett ♦ WA ♦ 98201 ♦ Phone: (425) 385-4103

June 12, 2019

To: Shelly Henderson

From: Everett School Employees Benefit Trust Trustees

RE: Kudos and Appreciation

Dear Shelly,

The Trustees of the Everett School Employees Benefit Trust wish to extend their sincere gratitude to you for your efforts and commitment the past three years to the Everett Public Schools Wellness Program.

In your time with Everett Public Schools you have done great work and have had many accomplishments to be proud of including:

- Being a featured presenter at the Oregon School Employee Wellness annual conference for 2 years
- Introducing mindfulness classes in the district
- Collaborating with high school AVID and DECA classes to promote wellness in the classroom
- Organizing, implementing and facilitating the annual wellness fair
- Coordinating *Weight Watchers at Work* sessions
- Coordinating *Walktober* and *Feel Like a Million* events
- Receiving the About the Thriving Schools Honor Roll Award from Kaiser, Permanente
- Coordinating mobile mammography for employees

These accomplishments and so many other interactions and relationships you have worked to build and establish in the time you have been with Everett Public Schools have led the Wellness Program to continued success.

Thank you, Shelly, for your exemplary work on behalf of the Trust and the employees of Everett Public Schools. We are grateful to have had your support and dedication to the health and well-being of our employees.